

TERM	PSHE DATES	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	- October-first round of School Council elections	<ul style="list-style-type: none"> Roles and responsibilities at home and school 	<ul style="list-style-type: none"> Keeping safe at home and outside: <ul style="list-style-type: none"> Fire safety Road safety People who keep us safe 	<ul style="list-style-type: none"> Friendship Similarities and differences between each other What makes a good friend 	<ul style="list-style-type: none"> Keeping Safe-online/ offline What is acceptable and unacceptable online and offline Keeping personal info secure Playing games safely 	<ul style="list-style-type: none"> Keeping Safe: Out and about Being safe near roads, rails, building sites and around fireworks, Coping in an emergency Problems that can occur when someone goes missing from home. 	<ul style="list-style-type: none"> Keeping Safe: Out and About Feelings of being out locally with increasing independence Recognising and responding to peer pressure Consequences of anti-social behaviour (gangs) Travelling safely using public transport (TFL workshop)
Autumn 2	- Week of 16/11/15 Anti-bullying week 17/11/15 Year 6- Show Racism the Red Card workshops St Vincent De Paul Christmas appeal-gifts for the community	<ul style="list-style-type: none"> Fun, food and fitness Food for celebration and staying active 	<ul style="list-style-type: none"> Fun, food and fitness What makes a balanced meal? Why fruit and vegetables are good for us How to be active throughout the day 	<ul style="list-style-type: none"> Fun food and fitness. Where food comes from. Food from different countries The challenges of keeping active 	<ul style="list-style-type: none"> Fun , Food and fitness Choosing healthy snacks How leisure activities can be active or less active and their effects on a person 	<ul style="list-style-type: none"> Fun, food and fitness The factors that influence people's food choices Food adverts can be misleading Media influences of fun food and fitness. 	<ul style="list-style-type: none"> Mental health-understand what mental health is and how they can support their own.
Spring 1	- E-safety week (whole school) week of	<ul style="list-style-type: none"> Myself And Others Feelings How I feel at different times and how I can 	<ul style="list-style-type: none"> Working and playing together Being co-operative 	<ul style="list-style-type: none"> Dealing with feelings Managing different emotions 	<ul style="list-style-type: none"> Addressing Worries About Growing And Changing Staying 	<ul style="list-style-type: none"> Stereotypes, discrimination and prejudice (including tackling 	<ul style="list-style-type: none"> Fun food and fitness-covered through the hearts and

	Feb 8th	help others feel better	<ul style="list-style-type: none"> Solving arguments Anti-bullying 	<ul style="list-style-type: none"> Emotions at time of loss and change Grief 	healthy and hygienic	homophobia) <ul style="list-style-type: none"> About stereotyping (including stereotyping) How prejudice and discrimination can make people feel 	lungs science topic. How to stay healthy- food choices and staying active
Spring 2	- Feb 23 Road safety production-Theatre Momo (R- Y 5) TFL transport workshop (y6) Feb 23	What goes into our bodies? <ul style="list-style-type: none"> How substances can make us feel (medicine) 	Medicines and me <ul style="list-style-type: none"> Safety rules about medicines Alternatives to medicine (staying healthy) What they look like 	What is a drug? <ul style="list-style-type: none"> Definition of a drug and that they can be helpful and harmful Tobacco's effects The importance of medicines being used properly 	<ul style="list-style-type: none"> Alcohol To understand the effects that alcohol can have To understand that it can be addictive To understand that alcohol can affect people's behaviour 	<ul style="list-style-type: none"> Drugs And Volatile Substances About the risks associated with smoking drugs (shisha. Cigarettes, e-cigarettes, cannabis) Conflicting messages in the media about alcohol and tobacco How to resist peer pressure drug use 	<ul style="list-style-type: none"> How Drugs Affect Us About the effects and risks related to legal and illegal drugs How to respond to drug use in different situations
Summer 1	-	<ul style="list-style-type: none"> Keeping safe and well Who I can ask for help Hygiene People who help us stay well. 	<ul style="list-style-type: none"> Planet Protectors – Waste and Recycling 	<ul style="list-style-type: none"> Keeping safe: What is bullying? What bullying is and the different types. Why it is unacceptable. What to do if you see bullying or are being bullied. 	<ul style="list-style-type: none"> Valuing Others And Their Communities Learn some facts about the local area Learn about people who have moved here from different areas. Learn about refugees 	<ul style="list-style-type: none"> Financial capability: Value for money? Being a critical consumer The risks with borrowing money What makes someone enterprising? 	<ul style="list-style-type: none"> Transfer to Secondary school Children meet visiting adults from their schools Circle time unit based on the Big Bag of Worries-sharing worries about starting secondary

							school
							Puberty And Sex Education SRE WEEK- June 20 th
Summer 2	<ul style="list-style-type: none"> - Healthy eating week 13-17 June Year 6 Attend Citizenship Day at St Aloysius 29 June 2016 Year 6 Bikeability training week of June 27 Year 5&6 SRE week-week of June 20th 	<ul style="list-style-type: none"> Looking After My Money Where money comes from How to save 	<ul style="list-style-type: none"> SRE- boys, girls and families Differences between boys and girls Differences between male and female animals Growing and changing How we care for others Different types of families 	<ul style="list-style-type: none"> Saving spending and borrowing: What influences people's choices about whether to spend or save Why people borrow money and why it must be paid back. How people earn money and the role of charity 	<ul style="list-style-type: none"> Being a citizen To learn about children's rights To understand what fair trade is and how it To understand the role of local councils To understand how governments are elected About community and voluntary groups 	<ul style="list-style-type: none"> Preparing for secondary school Boys visit St Aloysius June 30 Girls visit Our Lady's (Date tbc) SRE: Puberty How our bodies change Human lifecycle Menstruation and wet dreams Changing feelings and changing lives <p>Units linked to all 'that I am' units and Channel 4 units on growing and changing</p>	<ul style="list-style-type: none"> Changes that occur during puberty and how to handle them Human reproduction in the context of the human life cycle The male and female anatomy How a baby is made and grows Responsibilities of parents and carers To answer questions and ask for support on issues of growing and change

St Joan of Arc PSHE Overview 2015/16

The overview may change as some topics are covered through RE (Come and See scheme of work) and Science units. Teachers may also rearrange the units to coincide with a particular science topic or School theme that half term. The teaching units are from the Islington PSHE scheme- assessments will be taken from there.

